

**Goal / Habit** \_\_\_\_\_  
Challenges Identified \_\_\_\_\_  
Actions to be taken \_\_\_\_\_

1	2	3	4	5	6	7
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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# Habit / Goal Tracker

Incorporating Creative Thinking into Your Daily Routine

